

## Why does God allow us to go through trials and tribulations?

Life is filled with many difficulties and problems. Some people feel that as Christians, the people of God, that we should not have troubles in this life but that God would continue to protect and defend His people from all attacks and difficulties.

1. What is the source of all of life's difficulties?

Romans **5:12-14**  
John **16:1-3**

Romans **7:14-21**  
John **15:20-23**

Ultimately the source of all life's difficulties is sin. We live in a fallen world and in a fallen world there is death, destruction, disease, and persecution. We need to remember that Jesus Himself faced persecution and He was perfect in obedience, how much more those of us who still struggle with sin and iniquity.

2. What is the benefit of life's difficulties?

Psalm **119:71-72**  
Hebrews **12:5-11**  
Judges **2:20-23**  
Romans

2 Corinthians **12:6-10**  
Matthew **10:21-23**  
Mark **4:14-20**

The primary benefit of life's difficulties is to draw the believer closer to God that the believer might trust God more. It is used by God to encourage the believer to read and pursue obedience to God's word. It is used to remind us of the sin filled life that we have left and to encourage us not to exalt ourselves but to humble ourselves before God that He would receive all honor and glory. God also uses life's difficulties to remind us that we are truly His children and that His love is present to discourage us from following after a life of sin and error.

3. What is a real possibility if the Christian life was trouble free?

Proverbs **30:7-9**  
1 Timothy **6:17-19**

Revelation **3:15-19**  
Romans **11:18-22**

A trouble free life could bring the believer to trust in himself and to deny God because he has no need for God since everything is going very well. Without a life of trouble we may begin to think that we are somehow better than other people.

4. What should I do in the midst of life's troubles?

James **1:2-7**  
1 John **2:1-2**  
Romans **8:28-30**

1 John **1:9**  
1 Peter **4:14-16**

In the midst of life's troubles we should pray and seek wisdom and counsel from the Lord. If our difficulties are the result of our own sinfulness then repent. If they are the result of being faithful to

God than rejoice. If they are the result of living in a fallen world then pray for strength to endure to the end..