

How can I stop sinning?

The issue of sin in the life of a believer is a challenging one and it is filled with a lot of misinformation about its presence and its impact.

1. Why do I sin in the first place?

Romans **5:12-14**

1 John **2:15-16**

Romans **7:18-21**

Galatians **5:17**

I sin because I am a descendant of Adam who willfully disobeyed God in order that he might be the arbiter of truth for himself. I have inherited that selfish desire to decide for myself what is sinful and what is not sinful. No matter what I do in this life, I will always have this body of flesh that is self serving and self seeking. It is a real part of being in a fallen world.

2. Doesn't the presence of the Holy Spirit provide protection from sinning?

2 Peter **2:9-10**

John **14:26**

John **16:7-11**

Romans **8:14-16**

The job of the Holy Spirit has never been protect against the act of sinning, but to reserve unto God a people. The Holy Spirit convicts Christians that they are in fact sinning against God and that they do in fact deserve the harshness of God's justice but at the same time the Holy Spirit reminds the Christian that he is being preserve from God's ultimate justice of eternal condemnation because we have Jesus as intercessor and as atoning sacrifice.

3. What can I do about the struggle I have with sin?

Romans **7:15-17**

1 John **1:8-10**

Ephesians **5:1-4**

Romans **7:22-25**

1 Corinthians **10:11-13**

Since there is sin in my life, what I need to do is acknowledge the truth that God is right, that I am wrong, and that my thoughts, words, and actions are in reality sinful. Having recognized it as sin, I am called by God to confess it as sin and to submit myself to God's evaluation of the sin in my life and pursue a path of turning from the sin.

4. What should I keep in mind about the sin in my own life?

1 John **3:19-21**

Romans **8:28-32**

Romans **8:36-39**

Titus **2:11-14**

Although I might have sin, even what I consider great sin, in my life, that sin will never get in the way of God actually loving me. God love me because of Jesus Christ and not because of my own deeds. There is nothing that I could ever do that could result in God refusing to continue to love me and grant access to eternal life because salvation rests upon Jesus Christ and not upon my own actions.